

The FIRM®

Instructor Schedule

Week of: Monday, March 8 – Saturday, March 13

Schedule subject to change

M	T	W	Th	F	Sa
6:00 AWT JEN	6:00 FC MINDY	6:00 BS JEN		6:00 AWT MELISSA	
8:30 AWT MINDY	8:30 FC LESLIE	8:30 AWT ALLIE	8:30 BS LOUISE	8:30 AWT EMILY	8:30 AWT ALLIE
9:30 AWT REBEKAH	9:30 BS EMILY	9:30 AWT TINA	9:30 FC LESLIE	9:30 AWT SUSAN	9:30 BS KIRSTEN
10:30 YOGA KELLY				10:30 YOGA KIRSTEN	10:30 B&G GARY
	12:30 AWT KELLY		12:30 AWT TINA		
4:30 AWT EMILY	4:30 FC REBEKAH	4:30 AWT LESLIE	4:30 BS KIRSTEN	4:30 PHP TARA	
5:45 AWT TARA	5:30 CC JEN	5:45 BS MELISSA	5:30 CC EMILY		
6:45 AWT NANCY	6:00 AWT ROBYN	6:45 AWT AMANDA	6:00 AWT REBEKAH		